

HOMESCHOOL **ADVICE**

Tips for teaching your kids at home

Plan the day with your child

Even if you're following a lesson plan, it's good to brainstorm with your child about their day ahead.

Give them options. Ask them what they feel about doing tasks in certain ways. Give them time to adjust to the schedule.

Involve the family

Schooling at home involves integrating your child's educational schedule with your family's regular routine.

Have a chat with your family and know what their expectations are with the home school setup—and what is expected of them.

Keep in touch with teachers

Ask the teacher if you have to strictly follow the curriculum given, or if you have the freedom to adjust the schedule.

Teachers can also give you tips on how to effectively facilitate your kids' learning. They can also get you in touch with other parents.

Use free resources

If your child's school is providing lessons that's great! But you can also make use of other resources like worksheets available online to support or expand it.

- GAHOPE.org/Educational-Resources

Take breaks

It's a simple advice - and you can't underestimate the power of breaks.

Add it to your schedule and make it fun—or be spontaneous and flexible and take it when you can.

Be flexible

Learning from parents can be difficult, new, and frustrating.

Facilitate your child's study schedule closely, but be flexible to change it up based on your child's learning tendencies and emotional state at the time.

If your child is experiencing any sadness, anger, frustration, anxiety, or any other mental health symptoms, please know that there is help. Even during COVID-19 your child can receive mental health support through the phone or video. Simply contact Georgia HOPE at 706-279-0405 OR <https://gahope.org/make-a-referral/>.